

## Client Bill of Rights

Hypnotic Wellness Methods 513-378-4456

**The following Certified Consulting Hypnotist (CH) works at Hypnotic Wellness Methods office. Certification and annual re-certification by the National Guild of Hypnotists.**

*Nicole D. Jeffries, CH*

**THE STATE OF OHIO HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. By Law, a hypnotist may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. Clients should not make changes in medications without medical supervision. In the event my services are terminated by a client, the client has a right to coordinated transfer of services to another practitioner. A client has a right to refuse hypnosis services at any time. A client has a right to be free of physical, verbal or sexual abuse. A client has a right to know the expected duration of treatment, and may assert any right without retaliation.**

**Your Right To File A Complaint:** Clients may expect courteous treatment free from verbal, physical or sexual abuse by the practitioner. If you have any questions or complaints regarding any of our therapists, please contact our office and speak directly to Nicole Jeffries at the telephone number listed above. If you have a complaint about our services or behavior that Nicole Jeffries cannot resolve for you personally, you may contact the National Guild of Hypnotists at P.O. Box 308, Merrimack, NH 03054-0308, (603) 429-9438, to seek redress. Other services than our own may be available to you in the community and you may locate them in the telephone book.

**Fees and Billing:** Fees for seeing a hypnotist for individual sessions at Hypnotic Wellness Methods is \$100.00 per session from time to time special package pricing may be offered. Sessions held away from the office are established on a case by case basis. Clients must give two business days' notice for changing appointments or canceling appointments, or they will be charged for the appointment missed. Clients have the right to reasonable notice of changes in services or charges. You have the right to freely seek services elsewhere at any time. We can also make specific referrals if requested. You have the right to coordinate transfer of services in the case of change of service provider. You always have the right to refuse services or treatment unless otherwise provided by law. You may assert any client's rights listed here without retaliation.

**Insurance:** We do not bill insurance companies for services, however, some insurance companies may reimburse you for services. Check with your insurance company or policy for additional details.

We suggest you think of our services as something that you will pay for personally, that will both protect your privacy and help you value the work you are doing more.

**Theoretical Approach:** The practitioners at *Hypnotic Wellness Methods* utilize hypnotherapeutic techniques and instruction to help clients make changes both consciously and subconsciously. Techniques include but are not limited to hypnosis, hypnotherapy, self-hypnosis instruction, relaxation training, visualization, instructional handouts and videos.

**Assessment and Number of Sessions:** You have the right to view your client file, including any notes or assessments made (additional fees may occur if taken outside of your regular scheduled time with the hypnotherapist). Hypnotherapy is a brief therapy. It is difficult to predict the number of sessions you will require to resolve your issue, typically, work is done in five to six sessions for single issues, however if you have more than one issue, more sessions will be needed.

**Treatment Is Confidential:** Client records and transactions with the practitioner are confidential, and may only be viewed by the Hypnotic Wellness Methods staff, unless release of these records is authorized in writing by the client, or otherwise provided by law.